

Lenten Term CPDF brochure 2025



(Spring 2)

LENTEN TERM

(SPRING 2)

Catholic Life

CPDF, Provider, Date	Description
<p><u>Mental Health in Education Update, for Heads, DSLs, DSMHLs and SLTs.</u></p> <p><u>With Oliver Welsby</u></p> <p>Thursday 27th February 2025</p> <p>9:30am-12:30pm</p> <p>Zoom</p> <p>#HT #DHT #DSL #SENDSCO</p>	<p>Mental Health in Education Update, for Heads, DSLs, DSMHLs and SLTs. During this session we will focus on understanding recent developments in the mental health and wellbeing of children in the UK, including looking at the impact of cultural and technological changes over recent years and the impact this is having in schools. We will explore the overlap between the roles of the DSL and the Senior Mental Health Lead in responding to, and preventing incidents, the things to focus on from a Senior Team perspective with regards to an effective whole-school approach and a range of strategies to support and promote mental health and wellbeing in children.</p> <p>To book: https://www.bcpp.org.uk/events/24-mental-health-update</p>
<p><u>Directors note:</u></p> <p>This is a definite one for all school to attend.</p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

<p><u>PRAYER</u></p> <p><u>Staff meeting</u> <u>With Greg Finn from the mark10mission</u></p> <p>Tuesday 4th March 2025</p> <p>3:45-4:45pm Zoom For: RE leaders, senior leaders, Staff who take a lead in the prayer life of school #middleleaders #AHT #DHT #HT</p>	<p>A wonderful opportunity to invest in the spiritual formation of your team as you all journey through Lent.</p> <p>Get it planned in the school diary now. Invite available governors, arrange for TAs, office staff and site staff to join.</p> <p>Spend time in prayer together.</p> <p>To book: https://www.bcpp.org.uk/events/24-staff-mtg-prayer</p>
<p><u>Directors note:</u></p> <p><i>This session has been booked as a direct response to requests from you. Why not use the session as your staff meeting for all staff this week? Ensure everyone hears the same message...</i></p>	
<p><u>Staff to be booked on:</u></p>	

<p><u>The Listening Ears Programme</u></p> <p>Full day 9am-4pm</p> <p>With Hugo Metcalfe</p> <p>Thursday 6th March 2025</p> <p>Zoom</p> <p>#HT #DHT #Middleleaders #SENDCO #CT #HLTA #TA</p>	<p>The Listening E.A.R.S Program</p> <p>Providing 1:1 wellbeing support as part of a School Wellbeing Culture does not need to be complex and 'Therapeutic conversations' need not only occur in the therapy room. After many years working in the NHS and CAMHS and feeling as if he was only able to offer support to select people who made it through the door, Hugo designed this evidence-based program to provide everyday skills for people to provide Mental Health First Aid to one another. Hugo will share tools, and knowledge from the world of Psychology and Psychotherapy to help people engage in therapeutic conversations and offer effective initial support to people struggling with their Mental Health.</p> <p>This program is designed to give staff the skills needed to:</p> <ul style="list-style-type: none"> - Engage in reflective conversations with staff and students about mental health and wellbeing. - Developing skills to assess risk and effectively identify the 'Need' underpinning the behaviour. - Learn communication techniques to respond with compassion and offer effective support and encouragement. - Sign-post individuals to appropriate help, within the school and externally. <p>To book: https://www.bcpp.org.uk/events/24-listening-ears</p>
<p><u>Directors note:</u></p> <p><i>Have you already attended MHFA with Hugo (or another provider) and thought, 'yeah, I get the theory, but what do I actually do?' This is the course for you. I am really looking forward to this one.</i></p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

<p><u>Bereavement guidance and support</u></p> <p><u>With Sharon Melia-Craven (Rainbows Bereavement Support GB)</u></p> <p>Tuesday 11th March 2025</p> <p>9:30am-11:30am</p> <p>For SLT</p> <p>Zoom</p> <p>#HT #DHT #AHT #SENDCO #GOVERNORS</p>	<p>Bereavement and Loss training and what to do 'When Somebody Dies'</p> <p>Rainbows is committed to helping children and young people grieve and grow after loss.</p> <p>In the recently published report by the UK commission on Bereavement, they found that 'talking about and acknowledging a bereavement - was important for bereaved children and young people, so they felt less alone. The Commission also heard that supporting bereaved children and young people while they were at school was really important'.</p> <p>The report can be found at: ukbc_childrenyp_briefing.pdf (bereavementcommission.org.uk)</p> <p>This brief Bereavement and Loss training will help attendees to understand the impact grief has on children and young people and what schools can do to support those experiencing significant loss.</p> <p>Attendees will also find out what to do 'When Somebody Dies' in their community, offering a practical user friendly resource to support schools to respond appropriately and to affirm and advise in their on-going work with those who grieve.</p> <p>To book: https://www.bcpp.org.uk/events/24-bereavement-heads</p>
<p><u>Directors note:</u></p> <p><i>Information on this session was shared with me at a national meeting of Catholic leaders. The headteachers couldn't recommend it enough...so it's in.</i></p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>



<p><u>Supporting pupils with anxiety</u></p> <p><u>With Emma Shackleton</u></p> <p>Tuesday 18th March 2025</p> <p>1pm to 2.30pm</p> <p>For teachers, TAs, school leaders.</p>	<p>Hear about what goes on in the brains and bodies of children with anxiety. Walk away with strategies and techniques that you can start using right now to help pupils in your school cope with anxiety and thrive not just survive at school.</p> <p>To book; https://www.bcpp.org.uk/events/24-supporting-anxiety</p>
<p><u>Directors note:</u></p> <p><i>This session will help staff to support so many pupils (and adults).</i></p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

<p><u>TAs</u></p> <p><u>Bereavement and Loss training</u></p> <p><u>for TAs</u></p> <p>Tuesday 25th March 2025</p> <p><u>With Sharon Melia-Craven (Rainbows Bereavement Support GB)</u></p> <p>1pm-3pm</p> <p>Zoom #SENDSCO #TA</p>	<p>Rainbows is committed to helping children and young people grieve and grow after loss.</p> <p>In the recently published report by the UK commission on Bereavement, they found that ‘talking about and acknowledging a bereavement - was important for bereaved children and young people, so they felt less alone. The Commission also heard that supporting bereaved children and young people while they were at school was really important’</p> <p>The report can be found at: ukbc_childrenyp_briefing.pdf (bereavementcommission.org.uk)</p> <p>This Bereavement and Loss training will help attendees to understand the impact grief has on children and young people and what schools can do to support those experiencing significant loss.</p> <p>To book: https://www.bcpp.org.uk/events/24-bereavement-ta</p>
<p><u>Directors note:</u></p> <p><i>At some point bereavement will impact your school community. Support your team to be prepared.</i></p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

Building the Kingdom
Level 2

Day 4 of 4

With Sister Judith Russi

This is a 4 day CPDF. All 4 sessions must be attended.

Wednesday 2nd April 2025

9.00am – 3.00pm – Lunch included

Maryvale House, Kingstanding, Birmingham, B44 9AG

For: SLT and class teachers responsible for designing the curriculum.

Director's note:

Sorry- this 4 day CPDF is now fully booked. You need to book in as soon as the brochure lands.



LENTEN TERM

(SPRING 2)

Leadership and Management

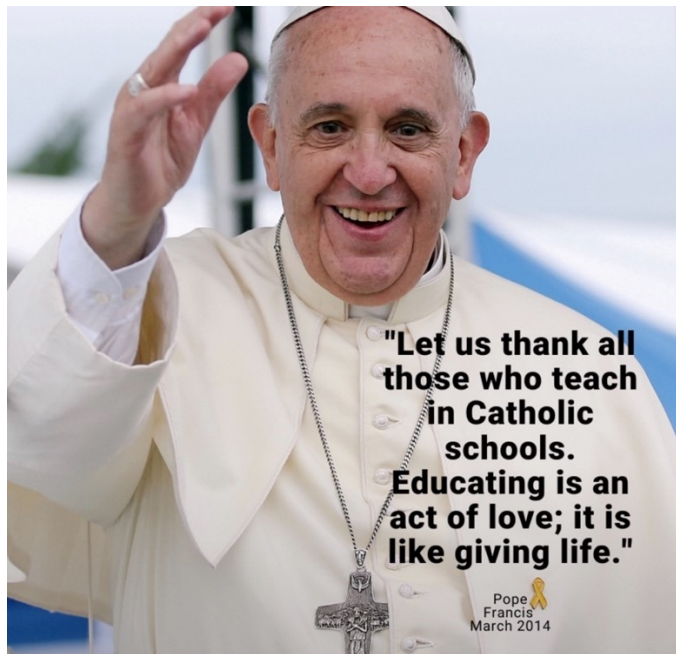
CPDF, Provider, Date	Description
<p><u>Stepping up Programme</u> <u>Day 4 of 6</u></p> <p><u>With Andy Hind</u></p> <p>Tuesday 11th March 2025</p> <p>3.45pm – 5.45pm</p> <p>Zoom</p> <p>For Aspiring School Leaders</p> <p>#middleleaders #classteachers</p>	<p>Module 4-Getting better at getting better - Building confidence and competence</p> <p>Issues explored include:</p> <ul style="list-style-type: none">• Inquiring into impact - The main influences on pupil outcomes• Being an influential leader and ensuring continuous improvement• Looking at the bigger picture - Inspiring school-wide excellence• Thinking ahead - Considering visioning and strategic thinking at a teacher leader level• A model for improvement - Being self-directed and responsible. <p>Future dates for your diary: Session 5 – Tuesday 13th May 2025 Session 6 – Tuesday 24th June 2025</p> <p>To book: https://www.bcpp.org.uk/events/24-stepping-up-4</p>
<u>Staff to be booked on:</u>	<u>Cover arrangements in school:</u>

<p>GOVERNORS</p> <p>Feeling ready to talk to CSI inspectors. With Sarah Barreto</p> <p>Thursday 13th March 2025</p> <p>6.00pm – 7.00pm</p> <p>#Governors</p>	<p>Are you expecting the Catholic School Inspection phone call?</p> <p>This session will provide and explore a checklist for governors with tips to help them prepare for and develop greater confidence in their meeting with CSI inspectors.</p> <p>To book: https://www.bcpp.org.uk/events/24-gov-training-csi</p>
<p><u>Directors note:</u> <i>Governors have asked for this. They feel a lot of pressure when talking to inspectors and the reality is, you don't have the time to fully support them. We know they are getting super support from diocese, it's always good to hear things twice. Get them booked on this and know that high quality guidance and support is being given.</i></p>	
<u>Governors to be booked on:</u>	

<p><u>Deputy Head Programme</u> <u>Day 4 of 6</u></p> <p><u>With Andy Hind</u></p> <p>Tuesday 18th March 2025</p> <p>9.30am – 11.30am Zoom</p> <p>For Deputies, assistant heads</p> <p>#deputies #AHT #middleleaders</p>	<p>Module 4-Dimension Four=Systems Thinking</p> <p>Aspects explored during these modules include:</p> <ul style="list-style-type: none"> • Understanding the key influences on school effectiveness • Professional processes for increasing capital and capacity for improvement • Good accountability and effective influence • Standing still is not an option • A new model for continuous school improvement • Using multiple lenses to increase perceptions <p>Future dates for your diary: Thursday 8th May 2025 & Wednesday 18th June 2025</p> <p>To book: https://www.bcpp.org.uk/events/24-deputy-programme-4</p>
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

<p><u>Resilience Program For Young People</u></p> <p><u>Train The Trainer Program</u></p> <p><u>With Hugo Metcalfe</u></p> <p>Thursday 27th March 2025 9am-12:30pm</p> <p>3 sessions 1 of 3</p> <p>9am-12:30am Zoom</p> <p>Session 2 of 3 Tuesday 1st April 2025</p> <p>Session 3 of 3 Monday 7th April 2025</p> <p>#DHT #AHT #SENDSCO #classteachers #TAs</p>	<p>The Happiness Backpack: An Evidence-Based Wellbeing & Resilience Program For Young People</p> <p>Train The Trainer Program</p> <p>Resilience describes the ability to tolerate and adapt to change and adversity. Developing skills in emotional literacy, self-regulation, self-care and positive psychology can help children and young people build their personal resilience. Being pro-active in supporting young people to look after themselves means we don't have to be as reactive when they experience challenges. The Happiness Backpack is a psychologically-informed and evidence-based wellbeing and resilience program designed to encourage young people to build personal resilience. Through a combination of simple activities and accessible strategies this program provides young people with tools to effectively tolerate change, manage distress and seek support when they are struggling.</p> <p>The train the trainer program will equip your staff with the skills, knowledge and tools necessary to deliver The Happiness Backpack resilience & wellbeing program to young people.</p> <p>To book: https://www.bcpp.org.uk/events/24-train-trainer-1</p>
<p><u>Directors note:</u> <i>This course is a gift! It's helping you to have a member of staff that can train your whole team on developing pupil resilience. How many times to people say 'they're just not resilient enough'? Well do something about it. Get a couple of staff booked on.</i></p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

<p><u>Head Teachers Get together</u></p> <p><u>Face to face at Edgbaston Priory Tennis Club (Lunch included)</u></p> <p>Friday 21st March 2025</p> <p>9:00am – 1:00pm</p> <p>For: Headteachers/Principals</p>	<p>An opportunity to network with other head teachers face to face and ensure that relationships are established and strengthened between Catholic school leaders.</p> <p>Including a brief Ofsted update.</p> <p>Future dates for your diary:</p> <p>Thursday 23rd May and Friday 24th May 2024 Head teacher Residential.</p> <p>To book: https://www.bcpp.org.uk/events/24-head-face2face-2</p>
<p><u>Directors note:</u></p> <p><i>It's so important that headteachers get out of school and spend time talking to other headteachers. Ensure you meet other heads and have people you can talk to. This only works if you turn up. Book on. Turn up. Job done.</i></p>	
<p><u>Staff to be booked on:</u></p>	



LENTEN TERM

(SPRING 2)

Curriculum

CPDF, Provider, Date	Description
<p><u>MATHS</u></p> <p><u>Maths Leader Support and Development Group</u></p> <p><u>With Nathan Crook</u></p> <p>Wednesday 26th February 2025 (Session 2 of 3) Zoom</p> <p>For: Maths leaders #maths #middleleaders</p>	<p>The second termly meeting of three, which will provide national updates as well as addressing topical themes for the group.</p> <p>Next session:</p> <p>Monday 9th June, 2025</p> <p>To book: https://www.bcpp.org.uk/events/24-maths-support-group-2</p>
<p><u>Directors note:</u> <i>Get your maths leaders booked on. Simple.</i></p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

<p><u>ENGLISH</u></p> <p><u>Spelling for Year 2 and above</u></p> <p><u>With Susie Spolander</u></p> <p>Tuesday 4th March 2025 (Session 4 of 4) 1.00pm – 3.00pm Zoom</p> <p>For: English leaders and another member of staff #english #middleleaders #classteachers</p>	<p>Looking at children's difficulties in spelling - Learning, remembering, trying and proof reading</p> <p>Subject leader and one other</p> <p>The fourth of four sessions across the year so that there is time to disseminate it down to school</p> <p>To book: https://www.bcpp.org.uk/events/24-spelling-4</p>
<p><u>Directors note:</u> <i>If you're reading through the brochure before the year starts and have only just seen this – get your English leader and another member of staff booked on for all 4 sessions.</i></p>	
<p><u>Staff to be booked on:</u></p>	<p><u>Cover arrangements in school:</u></p>

Writing Moderation	
<p><u>With Denise Harris</u></p> <p>Wednesday 12th March 2025</p> <p>9:00am – 3:00pm</p> <p>Face to face at Priory Tennis Club (Lunch included)</p> <p>For: English Leaders – send one from KS1 and one from KS2</p>	<p>An opportunity for schools to moderate writing with other schools and MACs. Facilitated by an outstanding provider.</p> <p>To book: https://www.bcpp.org.uk/events/24-writing-moderation</p>
<p><u>Directors note:</u></p> <p><i>This day is so rewarding, we know it's tricky to cover 2 teachers on the same day, but it really is worth it to have a secure judgement on writing and guidance on next steps.</i></p>	
<u>Staff to be booked on:</u>	<u>Cover arrangements in school:</u>

GOD

**DOES NOT CALL THE QUALIFIED,
HE QUALIFIES THE CALLED.**

ENGLISH	
<p><u>English Leaders Support and Development Group</u></p> <p><u>Day 4 of 6</u></p> <p><u>With Susie Spolander</u></p> <p>Thursday 13th March 2025</p> <p>2:00pm – 3:30pm</p> <p>Zoom</p> <p>For: English Lead Teachers</p>	<p>This series of termly network meetings is aimed at providing updates and ensuring subject leaders have the latest information to support their strategic role in schools. Each meeting will have a different focus, planned in response to current research and priorities, and will also allow for time to share school developments and best practice, as well as to network with other English subject leaders.</p> <p>Meetings will include:</p> <ul style="list-style-type: none"> • updates from Ofsted, DfE and STA • information from current research • details of relevant projects, events and competitions • sharing of resources to support teaching and learning • information of relevant CPD opportunities • opportunities to share school developments and best practice • opportunities to network with other English Subject Leaders <p>Future Dates for your diary: Wednesday 7th May 2025 & Thursday 19th June 2025 To book: https://www.bcpp.org.uk/events/24-english-support-group-4</p>
<u>Staff to be booked on:</u>	<u>Cover arrangements in school:</u>

SCIENCE	
<p><u>Science Leaders Support and Development Group</u></p> <p><u>Day 4 of 6</u></p> <p><u>With Kate Redhead</u></p> <p>Thursday 20th March 2025</p> <p>2:00pm – 3.30pm Zoom</p> <p>For: Science Leaders</p>	<p>Half termly support sessions for your Science Leader</p> <p>Future Dates:</p> <p>Thursday 8th May 2025</p> <p>Monday 30th June 2025</p> <p>To book: https://www.bcpp.org.uk/events/24-science-support-group-4</p>
<u>Directors note:</u>	
<i>Get your Science leader booked on this. End of. Don't worry if they've missed the others. Get them booked on now.</i>	
<u>Staff to be booked on:</u>	<u>Cover arrangements in school:</u>

MUSIC	
<p><u>Music leaders support session</u></p> <p><u>With Liz Stafford</u></p> <p>Thursday 3rd April 2025</p> <p>1:00pm – 3:00pm</p> <p>Zoom</p> <p>For: Music leaders #classteachers #middleleaders</p>	<p>We have had so many requests for support for music leaders, we got the very best in to support them.</p> <p>Book your music leader on today.</p> <p>To book: https://www.bcpp.org.uk/events/24-music</p>
<u>Staff to be booked on:</u>	<u>Cover arrangements in school:</u>

SEN	
<p><u>SENDCO Support Group Day 4 of 6</u></p> <p><u>With Faye Whittle</u></p> <p>Tuesday 8th April 2025</p> <p>2:00pm – 3:30pm</p> <p>Zoom</p> <p>For: SENDCO's</p>	<p>Half termly sessions supporting SENCOs with up-to-date advice, guidance and support.</p> <p>Future Dates for your Diary:</p> <p>Tuesday 13th May 2025</p> <p>Tuesday 1st July 2025</p> <p>To book: https://www.bcpp.org.uk/events/24-senco-support-group-4</p>
<u>Directors note:</u>	
<i>Get your SENDCO booked on this. End of. Don't worry if they've missed the others. Get them booked on now.</i>	
<u>Staff to be booked on:</u>	<u>Cover arrangements in school:</u>

The small print (it's not actually small)

- Always get approval from the person responsible for inset in your school before booking online.
- One-form entry schools get one free place on every course. Two-form entry schools get two free places on every course. Three-form entry schools get three places on every course.
- Additional places can be purchased. £25 for online £40 for face to face.
- Governor CPDF places are £15 each.
- Some courses have additional charges, this is stated in the CPDF plan.
- Failure to attend a pre-booked place will incur a charge. (£40 for a Zoom course and £60 for a Face-to-Face course.)
- Failure to attend residential or cancellation less than 2 weeks before will result in full charge.
- Cancellation of a place must take place 5 working days before session or charge incurred.
- Zoom links will be sent to delegates in advance of CPDF, please do a tech check before the day and contact us if any issues.
- **Please ensure your computer has a working camera AND a working microphone**
- Places to be booked via the website. Any problems, questions, queries
Email s.cope@newman.ac.uk.
- Not turning your camera on (when we know you have one) is just rude. There, we said it. **Please be fully present and attentive in sessions.**

Don't hesitate to get in touch if you have any questions.

Telephone: 0121 476 3415

Email: s.cope@newman.ac.uk
j.tallon@newman.ac.uk